



ECO City Farms' Apprenticeship/Internship for Spring/Summer - Fall/Winter

Finding a match between the farm and apprentices/interns is extremely important to the success and satisfaction of both parties. We ask that you fill out the application carefully. This process will assist both of us in determining if ECO City Farms is the right place for you. Our apprentices and interns should be reliable, on-time, creative, passionate, detail-oriented, flexible, quick, and have a good sense of humor in spite of the hard work!

Option A. Farming at ECO Edmonston & Bladensburg: Our farms are small, but the work is intensive and demanding. Farmers are often called upon to do different and sometimes tedious jobs in all kinds of weather. Some of the work will include:

- *Field Work:* transplanting, weeding, thinning, trellising, setting up irrigation and harvesting.
- *Greenhouse:* seeding flats, weeding, thinning, watering, preparation for transplanting, record keeping.
- *Processing:* washing, sorting, packing, labeling and recording crops
- *Farmers Market & CSA Distribution:* loading ECO's truck for Thursday & Saturday Farmer's Markets, direct sales, delivery and assisting with local CSA pick-up.
- *Microgreens:* pre-soaking of larger seeds, monitoring, misting or watering, harvesting, packing and labeling.
- *Composting:* aerobic and anaerobic compost systems, monitoring windrow piles and 3 compost bins system, sifting and harvesting hummus.
- *Vermicomposting:* We have 10 worm bins located at our Bladensburg farm filled with red wiggler worms that thrive in decomposing matter. We use worm castings throughout our farms soil to grow our produce. You will be monitoring, feeding and watering the worms, as well as harvesting and sifting casting.

The Edmonston Farm is located at 4913 Crittenden St. Edmonston, MD 20781. The Bladensburg Farm is located at 6100 Emerson St. Bladensburg, MD 20710.

Option B. Nutrition Education, Farm-to-School & Outreach: Our education component at ECO can take you through diverse and exciting work experiences with the community of the Port Towns.

- *Let's Talk Food program:* Build community around food, empower families to learn and share cooking and nutrition skills, and strengthen their ability to nourish themselves and their communities with healthy food.
- *Farm-to-School:* Accompany ECO City Farms staff to visit schools or groups to bring food, farming and composting education into the classroom.
- *Outreach/Communication:* You will work with a team of staff and volunteers to assist ECO's outreach efforts in the Port Towns, our volunteer work on Saturdays and after school programs.
- *Fundraising:* Assist ECO with proposal writing and events organizing

Instructions: If you're interesting in farming, Option A, you need to fill out the New England Small Farmer Self-Assessment, then fill out the ECO's Apprenticeship/Internship Application and send to the respective contact. For those interested in Option B, just send completed application. You can submit your application via email or mail to our office location, 6010 Taylor Road Riverdale, MD 20737.

- Edmonston Farm and Microgreens Intern: Deborah Wren: deborah@ecocityfarms.org
- Bladensburg Farm position: Benny Erez: benny@ecocityfarms.org
- Outreach and Community Education: Viviana A. Lindo: lindo@ecocityfarms.org

About YOU!

First, Last Name: _____ Age: _____

Current Address: _____

Phone: _____ E-Mail: _____

Best time to be reached: _____

How did you hear about us: _____

Affiliated school/university? _____

Have you applied to this position before: Yes _____ No _____

Both internships and apprenticeships run in 2 cycles: a spring/summer season (March-September) and a fall/winter (September- March). Slight variations in beginning and ending dates are possible to accommodate farm and applicant needs schedules.

Term for which you are applying: Year 20 ____ spring/summer ____ fall/winter ____

Internship (weekly 6-hour commitment) ____

Apprenticeship (weekly 16 - hour commitment) ____

Will you be able to commit to this entire time frame? Yes _____ No ____ (circle one). If NO, please explain: _____

Availability Information: Please mark when you are available to work during typical business hours:

Monday	Tuesday	Wednesday	Thursday	Friday
<input type="checkbox"/> 8am-9am	<input type="checkbox"/> 8am-9am	<input type="checkbox"/> 8am-9am	<input type="checkbox"/> 8am-9am	<input type="checkbox"/> 8am-9am
<input type="checkbox"/> 9am-10am	<input type="checkbox"/> 9am-10am	<input type="checkbox"/> 9am-10am	<input type="checkbox"/> 9am-10am	<input type="checkbox"/> 9am-10am
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<input type="checkbox"/> Evenings	<input type="checkbox"/> Evenings	<input type="checkbox"/> Evenings	<input type="checkbox"/> Evenings	<input type="checkbox"/> Evenings

Are you able to work on weekends? _____

Why do you want to apprentice/intern at ECO City Farms?

Why do you want to work in the Port Towns, MD or the DC Metro Area in general?

What are your goals in becoming an apprentice/intern & how does this fits into your future plans?

What makes you want to farm? or What makes you want to work in nutrition education and outreach/communication/fundraising?

Please describe your previous experience in farming or gardening? or in education and outreach?

Given that there are many aspects to being a farmer, all of which will be part of your experience, which interest you the most? Please mention at least three specific areas of interest.

Which interest you the least?

What are some challenges you anticipate?

What do you feel you can offer to the farm and your fellow co-workers?

Are there any qualities about you that others may find challenging to work with?

What experience do you have with physical labor? If none, how do you think you will handle it?

Please attach a resume that includes a list of schools you've attended, include degrees and/or areas of study or training and a list of your work experience (agricultural or non-agricultural), both paid and volunteer. (Attach a resume, please).

Please list any other skills you have which might be applicable to this job including experience with machinery, produce sales, retail sales, cooking, writing, animal care, carpentry, computers, equipment operation, etc.

Will you have your own reliable transportation? Yes _____ No _____
Explain:

Any medical considerations we should know about?

Emergency contact information: Name/relationship _____

Cell phone: _____ Home phone: _____

Work phone: _____ E-mail: _____

References

WORK #1 (Name/Business, Address, Phone, Years of Acquaintance)

WORK #2 (Name/Business, Address, Phone, Years of Acquaintance)

WORK #3 (Name/Business, Address, Phone, Years of Acquaintance)

Although we are opening this opportunity to everyone, we give preference to residents of the Port Towns, where we are located. Please email us, if you would like more information before completing the application. Please return your completed application and attachments to:

- **Edmonston Farm position and Microgreens Intern** - Deborah Wren:
deborah@ecocityfarms.org
- **Bladensburg Farm position** – Fred James: fred@ecocityfarms.org
- **Nutrition Education, Farm-to-School & Outreach** - Viviana A. Lindo:
lindo@ecocityfarms.org