

Community Herbal Wellness: Introduction to Herbalism at ECO City Farms



Thursday, November 19th 2015

6:00 pm to 7:30 pm

Magic Johnson Community Empowerment Center
6001 Logan Way #A5, Bladensburg, MD 20710

Contact Viviana for more information & to Register
(443) 447-0313 or lindo@ecocityfarms.org

Cost: \$40 - We offer a sliding fee scale discount.

No one turned away for lack of funds!

For Community Nutrition Educators \$30

Please join ECO City Farms and Marble Arch Gardens for an enjoyable evening designed to teach you how to incorporate beneficial herbs into your life. During this two-hour hands-on workshop, you will deepen your appreciation for our botanical allies as you blend a winter medicinal tea and create an herbal oil infusion. You will take home a sample of the herbal remedies you prepared during the workshop. You will also learn about ECO's upcoming community herbalism series.

Delicious healthy snacks, drinks and herbal teas will be provided.