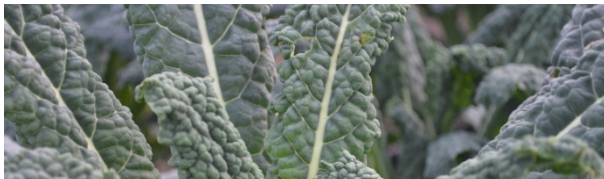


GET A BAG OF FRESH CHEMICAL FREE LOCAL PRODUCE EVERY WEEK!

ECO City Farms offers weekly farm shares (also called CSAs) of very locally-grown produce through our farm share program. Members sign up and pay for the entire season ahead of time, then pick up their share of produce each week at a designated location. Each week there is a different mix of produce, depending on what is in season. You will be able to taste the difference that freshly-picked, chemical free, locally grown produce can make.



WHY BUY FROM ECO CITY FARMS?

When you buy from ECO City Farms, you are not only getting fresh, chemical free, sustainably and locally grown food. You are also supporting a hyper-local nonprofit urban farm that works to transform food desert areas of Prince George's County in to oases of health.

ECO City Farms is a nonprofit, multicultural, inter-generational, urban teaching farm organization in Prince George's County, Md. We intensively cultivate Certified Naturally Grown vegetables, herbs, and microgreens on two urban farms in low income areas. We

advocate for greater food security and equity, teach nutrition education to youth, adults and seniors, promote composting, train new and beginning farmers and so much more. Find out more about us at www.ecocityfarms.org or www.facebook.com/ecocityfarms.



ABOUT OUR PRODUCE

We use only organic, chemical free practices at our two urban farms in Edmonston and Bladensburg, Md.

We farm during the winter – in passive solar hoophouses, which provide cold weather tolerant greens and vegetables all winter long.



ECO's winter share will mostly contain: a selection of salad mixes, root vegetables, bunched greens, herbs, microgreens, and seasonal specials each week.



GROWING PRACTICES

All produce from ECO City Farms is Certified Naturally Grown. CNG farmers use NO synthetic fertilizers, pesticides, herbicide, or GMOs, just like certified organic farmers. The main differences between CNG and Certified Organic is that CNG relies on peer farmers for inspections, transparency, and direct relationships and has higher standards.

PICK UP at the

Riverdale Park Farmers Market on
Thursdays 3-7
4705 Queensbury Rd,
Riverdale, Md. 20737



FARM SHARE PROGRAM THE WINTER 2017-18 CSA



AFFORDABLE CHEMICAL-FREE VEGGIES



**CERTIFIED
NATURALLY
GROWN!**

ECO CITY FARMS
6010 Taylor Road, Riverdale, MD 20737
info@ecocityfarms.org | 301/288-1125
We grow great food, farms and farmers!
WWW.ECOCITYFARMS.ORG

**Pick Up Site: Riverdale Farmers Market
4705 Queensbury Rd, Riverdale Park**

FARM SHARE POLICIES

(the fine print)

Share Pick Ups: All members pick up their bag weekly, at their designated location. Shares can only be picked up at these times, but you may send a friend to pick yours up if you cannot make it. If you do not pick up your share, you cannot double your share the next week. *There are no make ups or refunds for shares not picked up.*

Bring Your Bag Weekly: After the First Week, you must Bring a Bag to the Market. You will get to select your veggies each week. If you have no bag, we will supply only plastic bags after week one.

Inclement Weather: Farm share pickups are held rain or shine, however in the event of hazardous weather conditions, ECO will notify members of pickup cancellation via email notification and members will be issued a makeup option.

Cancellations: If there are cancellations by ECO due to weather or other conditions, ECO will make up the week missed by providing additional produce the next week or additional weeks in the season. In any case of an unscheduled cancellation, ECO will let members know by **email**. Make sure to consult your email on market days!

Crop Failure and Risk: ECO's farmers and staff do their very best to provide consistent, high quality produce to every farm share member, every week. However, the farm share members share in the risks as well as the benefits of the growing season. Risks in farming include pests, drought, excessive rain, wind, and crop failure. In case of shortage in supply ECO may change the variety and quantity of produce, and/or will distribute available produce fairly among its members according to share size.

Payments: All farm share members must pre-pay for the season unless they are paying with SNAP/WIC. Members must commit to paying any balance in full by the due date. Checks should be made payable to ECO City Farms.

INFO ABOUT THE SHARE

The winter season is 23 weeks from November 1, 2017 to March 31, 2018. You pay for 20 weeks, because we do not provide a share the week of Thanksgiving, Christmas or New Years. Cost is \$22 a week or \$440.

WEEKLY SHARES INCLUDE ONE OF EACH:

Salad Mix:

Arugula
Spring Mix
Asian Spicy Mix
Baby Spinach

Bunched Greens:

Collards
Kale
Mustard
Swiss Chard
Spicy Mix

Root Veggies

Carrots
Radishes
Purple Top Turnips
Salad Turnips
Rutabaga/Kohlrabi

Microgreens:

Sunflower
Pea
Radish
Buckwheat
Micromix

Herbs

Parsley
Cilantro
Rosemary
Sage
Lemon Balm
Mint
Thyme
Oregano

Miscellaneous

Green Onion
Bok Choy
Tatsoi
Broccoli Raab
Head Lettuce
Mache
Sweet Potato
Fennel

WINTER 2017-18

ECO FARM SHARE SIGN UP FORM

Return this form with check payable to: ECO City Farms, 6010 Taylor Road, Riverdale, MD 20737

Name: _____

Address: _____

City: _____ ST: _____

Zip: _____ Phone: _____

Email: _____

PICK UP SITE:

Thursdays: Riverdale Park Farmers Market 3-7

PAYMENT OPTION:

Payment in full by October 15

Two Equal Payments of \$220 (Oct 15 and Jan 15)

Pay weekly if using SNAP or MD WIC payments.

By becoming a member of ECO's Farm Share program, I am committing to picking up my share on a weekly basis for the time period I have signed up for. If I cannot pickup my share I will try to have a friend pickup in my place. I understand that there are no make ups or refunds for shares not picked up. I have read and understood the policies outlined in the information provided.

Signature: _____

Please answer these questions about yourself:

1) I am: Male Female

2) My household size is: _____ people, including myself

3) My family identify with: (check all that apply)

African American Latino White

Asian Other _____

Recent immigrant to US Senior aged 65+