

## GET A BAG OF FRESH LOCAL PRODUCE **EVERY WEEK!**

ECO City Farms offers weekly farm shares (also called CSAs) of locally grown produce through the farm share program. Members sign up and pay for the entire season ahead of time, then pick up their share of produce each week at designated locations. Each week is a different mix of produce, depending on what is in season. Taste the difference that freshly picked, chemical free, locally grown produce can make.



### WHY BUY FROM ECO CITY FARMS?

When you buy from ECO City Farms, you are not only getting fresh, chemical free, sustainably and locally grown food. You are also supporting a nonprofit urban farming organization that works to transform food desert areas of Prince George's County in to oases of health.

**ECO City Farms** is a nonprofit, multicultural, inter-generational, urban teaching farm organization in Prince George's County, Md. We intensively cultivate Certified Naturally Grown vegetables, herbs, and microgreens on two urban farms in low income areas. We also advocate for greater food security and equity, teach nutrition education to youth, adults and seniors, promote composting, train farmers and so much more. Find out more about us at [www.ecocityfarms.org](http://www.ecocityfarms.org) or [facebook.com/ecocityfarms](https://www.facebook.com/ecocityfarms).



### ABOUT OUR PRODUCE

We grow sustainably using organic, chemical free methods at our two urban farms in Edmonston and Bladensburg, Md.



We are unusual in that we farm during the winter – using passive solar hoophouses, which provide cold weather tolerant greens and vegetables all winter long.

We also purchase produce from small sustainable farmers in the area to supplement the CSA.

The fall / winter share will mostly contain: collards, swiss chard, kale, bok choy, kohlrabi, radishes, arugula, spinach, lettuces, mustard greens, scallions, microgreens, turnips, garlic and apples.

### GROWING PRACTICES

Produce from **ECO City Farms** is **Certified Naturally Grown**. Certified Naturally Grown farmers don't use synthetic fertilizers, pesticides, herbicide, or GMOs, just like certified organic farmers. The main difference between CNG and organic is the certification model, which relies on peer farmers for inspections, transparency, and direct relationships.

### VISIT US AT THE MARKET!

**Riverdale Park Farmers Market: Thursdays 3-7**  
Year-round at 4705 Queensbury Rd,  
Riverdale, Md. 20737



FARM SHARE PROGRAM  
FALL 2016/ WINTER 2017



AFFORDABLE GREENS & VEGGIES



CERTIFIED  
NATURALLY  
GROWN!

PICK UPS IN PRINCE GEORGE'S AND DC

ECO CITY FARMS  
6010 Taylor Road, Riverdale, MD 20737  
[info@ecocityfarms.org](mailto:info@ecocityfarms.org) | 301/288-1125

*We grow great food, farms and farmers!*

[WWW.ECOCITYFARMS.ORG](http://WWW.ECOCITYFARMS.ORG)

## FARM SHARE POLICIES

*(the fine print)*

**Share Pick Ups:** All members receive a pre-stocked bag weekly, and must pick their share up every week at their designated location. Shares can only be picked up at these times, but you may send a friend to pick yours up if you cannot make it. If you do not pick up your share, you cannot double your share the next week. *There are no make ups or refunds for shares not picked up.*

**Inclement Weather:** Farm share pickups are held rain or shine, however in the event of hazardous weather conditions, ECO will notify members of pickup cancellation via email notification and members will be issued a makeup option.

**Cancellations:** If there are cancellations by ECO due to weather or other conditions, ECO will make up the week missed by providing additional produce the next week or additional weeks in the season. In any case of an unscheduled cancellation, ECO will let members know by email.

**Crop Failure and Risk:** ECO's farmers and staff do their very best to provide consistent, high quality produce to every farm share member, every week. However, the farm share members share in the risks as well as the benefits of the growing season. Risks in farming include pests, drought, excessive rain, wind, and crop failure. In case of shortage in supply ECO may change the variety and quantity of produce, and/or will distribute available produce fairly among its members according to share size.

**Payments:** All farm share members must pre-pay for the season, except SNAP/WIC eligible. Members must commit to paying any balance in full by the due date. Checks should be made payable to ECO City Farms.

If paying by SNAP or Maryland WIC, members can provide a \$20 deposit and pay monthly. Deposit is due on the 20th of the month before the month you want to start buying, and is returned at end of season.

*There are no refunds for shares not picked up.*

*Funding for this project was made possible by the Local Food Promotion Program managed by the U.S. Department of Agriculture's Agriculture Marketing Service.*

## SHARE OPTIONS

The fall season runs 9 weeks from October 13 to December 15. The winter season runs 8 weeks from January 12 to March 2, 2017.

**Prince George's County residents receive a discount on their share.**

**LARGE SHARE: 5-6 items per week**

**SMALL SHARE: 4 items per week**

Both shares contains a mix of produce from ECO and other area sustainable farmers\*.

**EGG SHARE:**

Supplement your share with a dozen eggs every two weeks. Eggs are from a local producer and are pastured.\* (\$5 week)

\*=Not Certified Naturally Grown

	Fall Season 9 weeks*	Winter Season 8 weeks	Total both seasons
<b>Large Share - 5-6 items per week</b>			
Prince George's residents:	\$135	\$120	\$255
All others:	\$148.50	\$132	\$280.50
<b>Small Share - 4 items per week</b>			
Prince George's residents:	\$108	\$96	\$204
All others:	\$121.50	\$108	\$229.50
<b>Egg share – one dozen eggs every other week</b>			
Same price for all:	\$20	\$20	\$40

\* skips Thanksgiving week

## PICK UP INFO

**Thursdays:**

**Riverdale Park Farmers Market from 3-7pm**

4705 Queensbury Rd., Riverdale Park, Md. 20737

**Saturdays:**

**ECO Edmonston Farm: Saturdays 10-12**

4913 Crittenden Street, Edmonston, MD 20781

## FALL 2016 – WINTER 2017

### ECO FARM SHARE SIGN UP FORM

Send this form with check to: ECO City Farms, 6010 Taylor Road, Riverdale, MD 20737

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am a resident of Prince George's County

#### SHARE CHOICES:

- LARGE :     Fall Season     Winter Season  
 SMALL:     Fall Season     Winter Season  
 EGGS:       Fall Season     Winter Season

\$Total: \_\_\_\_\_

**PICK UP SITE:** (choose one)

- Thursdays: Riverdale Park Farmers Market 3-7  
 Saturdays: ECO Edmonston Farm 10-12

#### PAYMENT OPTION:

- Payment in full  
 Pay weekly if using SNAP or MD WIC payments.  
 Checks should be made payable to ECO City Farms.

*By becoming a member of ECO's Farm Share program, I am committing to picking up my share on a weekly basis for the time period I have signed up for. If I cannot pickup my share I will try to have a friend pickup in my place. I understand that there are no make ups or refunds for shares not picked up. I have read and understood the policies outlined in the information provided.*

Signature: \_\_\_\_\_

**Please answer a couple of questions about yourself:**

- 1) I am:  Male     Female  
 2) My household size is: \_\_\_\_\_ people, including myself  
 3) I identify with: (check all applicable)  
 African American     Latino     White  
 Asian     Other \_\_\_\_\_  
 Recent immigrant to US     Senior aged 65+