

## GET A BAG OF FRESH CHEMICAL FREE LOCAL PRODUCE EVERY WEEK!

ECO City Farms offers a weekly CSA of very locally-grown produce through our CSA program. CSA programs are essentially a form of crowdfunding for small farms without access to traditional forms of financing, making consumers direct investors in the farm that grows their food. Members sign up and pay for the entire season ahead of time, then pick up their share of produce each week at a designated location.



### WHY BUY FROM ECO CITY FARMS?

When you buy from ECO City Farms, you are not only getting fresh, chemical free, sustainably and locally grown food. You are also supporting a hyper-local nonprofit urban farm that works to transform food desert areas of Prince George's County in to oases of health.

**ECO City Farms** is a nonprofit, multicultural, inter-generational, urban teaching and learning farm in Prince George's County, MD. We intensively cultivate



Certified Naturally Grown vegetables, herbs, and microgreens on two urban farms in low income areas. We advocate for greater food security and equity, teach nutrition education to youth, adults and seniors, promote composting, train new and beginning farmers and so much more. Find out about us at [www.ecocityfarms.org](http://www.ecocityfarms.org) or [www.facebook.com/ecocityfarms](https://www.facebook.com/ecocityfarms).

## ABOUT OUR PRODUCE

We use only organic, chemical free practices at our two urban farms in Edmonston and Bladensburg, MD.

We farm throughout the year—in passive solar hoophouses, which provide weather tolerant greens and vegetables all year long.



ECO's CSA share will mostly contain: a selection of salad mixes, peppers, squash, tomatoes, green beans, herbs, eggplant, microgreens, bunched greens, and seasonal specials each week.



### GROWING PRACTICES

All produce from ECO City Farms is Certified Naturally Grown. CNG farmers use NO synthetic fertilizers, pesticides, herbicide, or GMOs, just like certified organic farmers. The main differences between CNG and Certified Organic are that CNG relies on peer farmers instead of government or corporations for inspections and has higher standards and transparency.

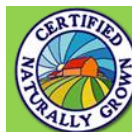


**Questions?** Contact us at: [info@ecocityfarms.org](mailto:info@ecocityfarms.org)



Make your farmer your doctor and good food your medicine

AFFORDABLE CHEMICAL-FREE VEGGIES



CERTIFIED NATURALLY GROWN  
SUMMER 2018 CSA

Community Supported Agriculture/  
Farm Share

**ECO CITY FARMS**  
6010 Taylor Road, Riverdale, MD 20737  
[info@ecocityfarms.org](mailto:info@ecocityfarms.org) | 301/288-1125  
**We grow great food, farms and farmers!**  
[WWW.ECOCITYFARMS.ORG](http://WWW.ECOCITYFARMS.ORG)

**FARM SHARE POLICIES**  
*(the fine print)*

**Share Pick Ups:** All members pick up their bag weekly, at their designated location. Shares can only be picked up at these times, but you may send a friend to pick yours up if you cannot make it. If you do not pick up your share, you cannot double your share the next week. *There are no make ups or refunds for shares not picked up.*

**Bring Your Bag Weekly:** After the first week, you must Bring a Bag to the pickup locations. You will get to select from the veggies we have available each week. If you forget your bag, we can supply only plastic bags after the first week.

**Inclement Weather:** Farm share pickups are held rain or shine. In the event of hazardous conditions, ECO will notify members of pickup cancellation via email and members will be issued a makeup option.

**Cancellations:** During the 23-week period, we will provide 20 weeks of produce. If additional cancellations by ECO are needed due to weather or other conditions, ECO will let members know by email. Make sure to consult your email on pick-up days!

**Crop Failure and Risk:** ECO's farmers and staff do their very best to provide consistent, high quality produce to every farm share member, every week. However, the farm share members share in the risks as well as the benefits of the growing season. Risks in farming include pests, drought, excessive rain, wind, and crop failure. In case of shortage in supply ECO may be forced to change the variety and quantity of produce, or cancel altogether.

**Payments:** All farm share members must pre-pay for the season unless they are paying with SNAP/WIC. Members commit to paying any balance in full by the due date. Checks should be made payable to ECO City Farms.

**If paying by SNAP or Maryland WIC,** members can provide a \$22 deposit and pay monthly. Deposit is due on the 20th of the month before the month you want to start buying, and is returned at end of season.

*There are no refunds for shares not picked up.*

**INFO ABOUT THE SHARE**

The Summer season is 23 weeks from **May 24 to October 25, 2018**. You pay for 20 weeks. You will be informed via email about skipped weeks.

Each week there is a different mix of produce, depending on what is in season. You will be able to taste the difference that freshly-picked, chemical free, locally grown produce can make.

**WEEKLY SHARES INCLUDE 6-7 ITEMS:**

All Season

Arugula and Salad Mixes

Roots: Turnips, Radishes, Carrots, Kohlrabi, Beets

Summer Crops: Zucchini, Various Squash, Eggplant, Cucumbers, Tomatoes, Green Beans, Tomatillos

Micorgreens and Assorted Herbs

June

Sweet peas

July-August

Okra

July-October

Jalapenos, Sweet peppers, Ground Cherries, Broccoli Rab

August-October

Fish peppers

September-October

Kale, Mustard greens, Chard, Collards

**PICK UP** at ECO's office at:  
6010 Taylor Road  
Riverdale, MD 20737  
Thursdays 3-7pm

**SUMMER 2018**

**ECO FARM SHARE SIGN UP FORM**

**Return this form with check payable to: ECO City Farms, 6010 Taylor Road, Riverdale, MD 20737**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **ST:** \_\_\_\_\_

**Zip:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

(Be sure your email is correct, this is our primary form of communication with you!)

**PAYMENT OPTION:**

**Payment in full by May 15, 2018**

**Two Payments of \$220 (May 15 and August 15)**

**Pay weekly if using SNAP or MD WIC payments.**

*By becoming a member of ECO's Farm Share program, I am committing to picking up my share on a weekly basis. If I cannot pickup my share I will try to have a friend pickup in my place. I understand that there are no makeup's or refunds for shares not picked up. I have read and understood the policies outlined in the information provided.*

**Signature:**

\_\_\_\_\_

**Please answer these questions about yourself:**

1) I am:  Male  Female

2) My household size is: \_\_\_\_\_ people, including myself

3) My family identify as: (check all that apply)

African American  Latino  White

Asian  Other \_\_\_\_\_

Recent immigrant to US  Senior aged 65+